



Life in London is a vibrant cosmopolitan affair and Sarah Zareian, a graduate of the Warwick MBA, shares some of her favourite places in The Big Smoke



"As long as I gaze on Waterloo sunset I am in paradise" Oh, the immortal words of The Kinks' wordsmith Ray Davies. Everything in London is beautiful at sunset, but there is plenty to do any time of day or night, and all year round, in the UK's capital city. London is home to three of the world's Top Ten museums and galleries, has 850+ art galleries and 170+ museums. Annually there are over 17,000 musical performances and 250 festivals, including Europe's biggest street festival the Notting Hill Carnival - which attracts nearly one million people every year.



Taking afternoon tea

For a very special occasion I really recommend afternoon tea at the **Savoy** 1 or **Claridges**. Dainty sandwiches, exquisite sweet pastries and the finest tea. coffee or hot chocolate and perhaps a dash of bubbly!

♦ www.fairmont.com/ savoy-london ♦ www.claridges.co.uk



Favourite restour restaurant or bar

Hix is a fabulous British restaurant, think dark woods, an air of history without being stiff. It also has a super cocktail bar. Mark's Bar 2 downstairs which is a real hidden gem! I also really like a place called the Experimental Cocktail Club for cocktails, but it's very popular so best to book in advance.

♦ www.hixsoho.co.uk ♦ www.marksbar.co.uk ♦ www.experimentalcocktail clublondon.com

A bit of culture



Although London is famous for its West End, where there are theatres with big blockbuster

shows, I prefer **The Almeida** 3 a 325 seat theatre in the heart of Islington, North London that has great intimacy; everyone feels like they get to know the cast really well.

♦ www.almeida.co.uk



Where to shop

I shop around **Bond Street**, it's easy for me to get to it and I like to have the fresh air when shopping. There are enough shops for shopping for work clothes and plenty of shoe shops, what more could any woman want?

♦ www.bondstreet.co.uk



Where to relax

l love **Primrose Hill**. It's breathtakingly beautiful and you can take some time out to relax and enjoy the greenery and slightly bohemian atmosphere. I also recommend Hampstead Heath 5 on a sunny day. Although it's only six kilometres from Trafalgar Square, it is beautiful countryside with lots to do: there's a zoo, an athletics track, an education centre, three swimming ponds and a lido!

♦ www.primrosehill.com



The Great British Dut **British Pub**

fabulous old my favourites The HollyBush

and The Freemasons Arms **2** both in Hampstead. Proper beer, nice food, comfortable seats and a warm welcome. Lovely!

◇ www.hollybushhampstead.co.uk ♦ www.freemasonsarms.co.uk



There are some pubs to try out in London, including

Or Sights not to miss

The Shard is the tallest building in Western Europe at 310m (1,016ft), and is a real multi-use building with offices, apartments, a 5-star hotel and, of course, The View From The Shard - London's highest viewing gallery offering 360 degree views. **Tower Bridge** 4 by the river is beautiful by day and by night, and if you check their website you can coincide your visit to see the bridge opening up. Also, everyone should have a go on the new **Emirates Airline 3** (cable car) which runs between North Greenwich and the Royal Docks the view is excellent! The timetable and booking is available on the Transport for London website.

♦ www.the-shard.com

- ♦ www.theviewfromtheshard.com
- ♦ www.towerbridge.org.uk
- ♦ www.tfl.gov.uk





Niti Shah, a graduate from Warwick Business School's MSc in Marketing & Strategy, shares some of her favourite haunts in the melting pot that is Mumbai



Mumbai is the most populated and wealthy city in India, and its commercial and entertainment capital. Generating five per cent of India's GDP, and handling 70 per cent of capital transactions to its economy. Mumbai is home to financial institutions including the Reserve Bank of India. the Bombay Stock Exchange and the National Stock Exchange of India. The city also houses India's Hindi (Bollywood) and Marathi film and television industry. The city was renamed in 1996, changing from Bombay, with the new name coming from the goddess Mumbadevi.



Best time of the year to visit

November to February

is best, when the city is not so hot and humid. I love Mumbai during the monsoon in July, as long as you don't mind the muck and traffic snarls.



Favourite restaurant or bar

Woodside Inn 1 at Colabe is open until midnight and specialises in pizzas and burgers. Cafe Leopold is also a good place for a night out. Out of the Blue in Bandra serves European and Italian food and is great for chilling out and business meetings. Since it's an open air restaurant it is best to visit in the evenings. The terrace bar at Gadda Da Vida, at the Novotel Juhu Beach. overlooks the sea and is ideal to enjoy a drink at the end of the day.

♦ www.woodsideinn.in ♦ www.leopoldcafe.com ♦ www.outoftheblue.in ♦ www.novotel.com

Good for a business lunch



Mainland China 2 is great for a business lunch. servina delicious food like sizzling eggplant with spicy tomato garlic sauce and steamed sea bass with

soy and ginger.

♦ www.mainlandchinaindia.com



Where to shop

Colaba Causeway, the 'Culture Square' of Mumbai, is great for cheap Indian-style bags, shoes, clothes and accessories - perfect for shopaholics. **The Bombay** Store in Colaba has unique ethnic items. The best shopping malls are Palladium. Phoenix Mills and Infinity Mall 2 in Malad. On Linking Road in Bandra there is also is a huge market, famous for having everything!





Best place to chill out

For stand-up comedy and gigs the Comedy Store, Palladium is good. For plays, there is **National Centre** for the Performing Arts in the south and **Prithvi Theatre** 4 in the north. **Shiro** is a good lounge-type pub, while **Café Mondegar** is also great to relax with couple of beers.

♦ www.ncpamumbai.com ♦ www.prithvitheatre.org



Sights not to miss

If you really wants to soak in Mumbai, a detour around the



south Mumbai is great, especially Colaba, Fort 5 - the business district - and Churchgate.

A walk to the **Gateway of India** is a perfect way to get to know the city. Many go to the Marine **Drive 3** promenade for morning and evening walks. Bandra Bandstand Promenade features the Walk of the Stars, a 2km stretch honouring Bollywood film stars, and is where many celebrities live and stay so keep your eyes open!